



8th Annual Kilometers for Kidneys

"In Memory of Ernie Prado"
Kidney Patient, Dear Friend &
Volunteer to KFNWO



Sunday, April 18, 2010

Lucas County Arena

Patient Brunch 11am

Registration 12-1pm

Warm-Up with 13ABC

Fitness Expert Mark Iagulli

5K Walk begins at 1pm

Why Walk?

The Kilometers for Kidneys Walk is designed to help people understand the need for early detection of kidney disease. Because symptoms may not appear until the kidneys are actually failing, many people do not take steps to protect the health of their kidneys. By walking in Kilometers for Kidneys, you are helping many in Northwest Ohio.



Kidney Disease Facts:

- Over 355,000 Americans rely on a dialysis machine to keep them alive
- Every day there are 82,000 individuals waiting for a lifesaving kidney transplant
- Kidney disease is among the top ten leading causes of death in NW Ohio
- 26 million Americans have Chronic Kidney Disease
- Diabetes and high blood pressure are the leading causes of kidney disease

**KFNWO is a non-profit (501(c)3) organization founded in 1966.
100% of the money raised stays locally to provide support,
education, & direct assistance for patients & their families.**

**If you would like more information or to donate to the cause contact:
Shelly Joseph 419-329-2353 sevans@kfnwo.org**